



US CROSS COUNTRY CHAMPIONSHIPS

US Cross Country Nationals Freestyle Sprint
Mt VanHoevenberg
Women Freestyle Sprint

1/6/2026

Sprint Heat Results

Number of Competitors: 292

SP - F

RANK	BIB	NAME	CLASS	Qual	Q1	Q2	Q3	Q4	Q5	S1	S2	F
1	3	SMITH, SAMANTHA	U23	3:06.96	3:11.26 (1)					3:10.08 (1)		3:12.16 (1)
2	19	SONNESYN, ALAYNA	SR	3:08.75				3:11.46 (2)			3:07.30 (2)	3:12.23 (2)
3	9	THURSTON, AVA	U23	3:13.17		3:11.93 (1)				3:10.36 (2)		3:15.61 (3)
4	15	SCHAMBERGER, NINA	U23	3:15.62				3:10.73 (1)			3:07.02 (1)	3:17.21 (4)
5	14	JORTBERG, LAUREN	SR	3:09.90					3:07.71 (1)		3:08.28 (3)	3:23.04 (5)
6	5	WEAVER, KATHERINE	SR	3:13.60			3:12.81 (1)			3:11.04 (3)		3:32.30 (6)
7	13	SWIRBUL, HAILEY	SR	3:15.11					3:09.15 (2)		3:11.41 (4)	
8	31	BREWSTER, HALEY	U23	3:15.62	3:12.15 (2)					3:11.68 (4)		
9	56	SERROUYA, RUBY	U20	3:18.41			3:13.54 (2)				3:14.86 (5)	
10	26	GERARD, NEVE	U20	3:19.95				3:12.10 (3)		3:18.89 (5)		
11	8	BIANCO, ERIN	SR	3:17.04					3:09.25 (3)		3:59.00 (6)	
12	22	MCCOLGAN, ANNIE	SR	3:19.19		3:14.21 (2)				3:20.26 (6)		
13	27	FORDHAM, ROSIE	SR	3:14.75		3:15.98 (3)						
14	23	PEDERSEN, SOFIA	U23	3:20.40	3:12.70 (3)							
15	35	FLORA, MARIT	U23	3:21.92			3:13.85 (3)					
16	58	SCIRICA, SOFIA	U23	3:15.99	3:17.92 (4)							
17	20	KRAMER, KENDALL	SR	3:16.31				3:13.43 (4)				
18	12	HOUSER, KATEY	U23	3:18.93			3:15.30 (4)					
19	87	HEGAN, CLARA	U23	3:20.47					3:15.64 (4)			
20	24	SCHOLZ, GRETTA	SR	3:20.87		3:16.28 (4)						
21	80	CHAPPAZ, FELICIE	SR	3:19.42					3:16.09 (5)			
22	17	SEEMANN, NINA	SR	3:20.46				3:15.17 (5)				
23	74	OUSDIGIAN, LINNEA	U18	3:21.22			3:20.98 (5)					
24	52	INGELFINGER, MAEVE	U20	3:22.07		3:16.52 (5)						
25	34	KELLER-MILLER, MICHAELA	SR	3:23.43	3:19.50 (5)							
26	2	ALBRECHT, EMMA	SR	3:14.02			3:38.83 (6)					
27	1	OLDHAM, KATE	SR	3:17.57		3:16.67 (6)						
28	7	ANDERSON, RENAE	SR	3:19.99	3:24.79 (6)							
29	29	HANNA, ANNELIES	U20	3:22.43					3:18.04 (6)			



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30	51	MOLINARO, MARLIE	U23	3:22.95				3:15.88 (6)				
31	4	BOLLINGMO, SYNNE BOERRESEN	U23	3:23.46								
32	72	PAGE, EMMA	U23	3:23.63								
33	40	CASE, MIA	U23	3:23.73								
34	38	WALTON, EVELYN	U23	3:23.90								
35	18	MASSEY-BIERMAN, QUINCY	U23	3:24.13								
36	6	CRUM, EMMA	U23	3:24.44								
37	33	TUCKER, AMELIA	SR	3:24.55								
38	10	NEEDHAM, ANABEL	SR	3:24.60								
39	36	DONLEY, QUINCY	U23	3:24.64								
40	28	BAANGMAN, TILDE	SR	3:24.66								
41	44	KREBS, RUTH	U20	3:24.82								
42	88	HIGMAN, TULA	U18	3:25.06								
43	55	BODKINS, MICA	U23	3:25.19								
44	97	MACLEOD, MAEVE	U23	3:25.22								
45	21	HELLAND, KRISTIN MALTUN	SR	3:25.28								
46	16	HOOKE, MADDIE	U23	3:25.33								
47	73	BOND, LILLI	U18	3:25.35								
48	39	DARBELLAY, ESTELLE	U23	3:25.39								
49	77	JUNKKALA, JULIA	SR	3:25.41								
50	107	BARKER, HATTIE	U23	3:25.66								
51	63	WATERS, ISABELLA	U18	3:25.76								
52	66	KAM-MAGRUDER, MIYA	U18	3:26.40								
53	99	HANNA, OLIVIA	U18	3:26.45								
54	57	NILSSEN, HENRIETTE	U23	3:26.67								
55	32	REEDER, EMMA	U23	3:26.75								
56	160	MCJUNKIN, HAYDEN	U23	3:26.77								
57	113	LAKE, CLARA	U23	3:27.38								
58	86	GOLOMB, LILA	U20	3:27.48								



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59	62	SERRANO, CLAIRE	U18	3:27.53								
60	117	MCCOLLOR, LAUREN	U23	3:27.69								
61	45	WHEELER, ALLY	U20	3:27.83								
62	81	PICARD, SARAH-EVE	U18	3:28.32								
63	210	DAVIES, EVELYN	U18	3:28.32								
64	106	VILLAFRANCO, LOLA	U23	3:28.37								
65	30	BRAMS, SHEA	SR	3:28.41								
66	64	KOCH, HANNA	U20	3:28.42								
67	48	MOENING, MOLLY	U23	3:28.53								
68	116	OBRIEN, NATALIE	U23	3:28.55								
69	111	MCCABE, DASHE	U20	3:28.56								
70	11	MOLAND, MAJA KJAERAAS	SR	3:28.76								
71	76	HARRINGTON, MARY	U18	3:28.76								
72	46	MCCULLIGH, HELEN	U23	3:29.03								
73	161	BISHOP, GEORGIA	U16	3:29.11								
74	91	DUBOIS, MARIE	U20	3:29.24								
75	147	GREENBERG, BROOKE	U18	3:29.28								
76	59	JOHNSON, NIKI	U20	3:29.42								
77	42	WHITTINGTON-EVANS, ROSIE	U23	3:29.53								
78	69	STIASSNY, MIA	U18	3:29.61								
79	67	PODUSKA, LENA	U20	3:29.89								
80	41	LEGATE, SAMMY	U23	3:29.95								
81	105	RONCI, ELLA	U20	3:29.98								
82	185	SMART, HANNAH	SR	3:30.07								
83	85	NICHOLAS, NECIA	U20	3:30.61								
84	61	MOREAU, EMMANUELLE	U20	3:30.83								
85	180	WILLIAMS, BRONWYN	SR	3:30.89								
86	65	JOHNSON, BRITTA	U20	3:30.99								
87	53	SEARS, PIPER	U20	3:31.10								



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88	154	ZANNI, GRACE	U23	3:31.21								
89	79	SCOTT, AILI	U18	3:31.25								
90	112	BRIDGE, BREAGH	U23	3:31.41								
91	43	GRISSOM, ELENA	U23	3:31.51								
92	37	NEVIN, SELMA	U23	3:31.58								
93	47	LAPORTE, CONSTANCE	U23	3:31.59								
94	293	FLOWERS, ERIKA	M2	3:31.63								
95	114	SCOTT, NYLA	U20	3:31.75								
96	110	SCOTT, KEIRA	U20	3:32.21								
97	49	MCINTOSH, BETH	U20	3:32.23								
98	290	BOWEN, SEVEN	U20	3:32.23								
99	156	STOW, CATHERINE	U23	3:32.28								
100	202	GROVER, ANJA	U23	3:32.28								
101	96	GORMAN, MIA	U16	3:32.31								
102	137	MAGUIRE, JODIEWILLOW	U20	3:32.70								
103	287	BURNS, BRIDGET	U23	3:32.74								
104	235	NESS, ELLINOR MARIE	U23	3:32.81								
105	94	RENAUD, SOFIA	U20	3:33.15								
106	139	CHARLES, EMMA	U23	3:33.28								
107	54	HANSEN, GRETA	U23	3:33.31								
108	141	WILSEY, HANNA	U20	3:33.52								
109	126	BOCHENEK, GRETA	U20	3:33.84								
110	166	FAIRFAX, GILLIAN	U20	3:33.90								
111	270	KLEVENBERG, EMMA	U23	3:33.96								
112	82	SHIELDS, HANNAH	SR	3:33.97								
113	273	LEITHEISER, GRETA	U23	3:34.11								
114	50	PERREARD, LEA	U18	3:34.24								
115	104	RICHTER, MORGAN	SR	3:34.32								
116	181	BLETZER, MILEY	U20	3:34.45								
117	101	LOOMIS, ANTIGONE	U18	3:34.53								



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118	118	SOULE, REINE	U18	3:34.68								
119	83	RODENDAU, ONNELA	U23	3:34.69								
120	100	GRIALOU, JORDAN	U23	3:34.76								
121	136	LEBEL, MEGAN	U20	3:35.04								
122	131	BAKKE, ASTRID	SR	3:35.39								
123	143	SCHWARTZ, MEREDITH	U23	3:35.62								
124	140	GLUECK, SARAH	U20	3:35.68								
125	90	STILES, AURORA	U20	3:35.69								
126	120	COBB, VIRGINIA	U23	3:35.87								
127	75	MENNA, CAROLINE	U18	3:35.93								
128	98	LONGSTRETH, ASTRID	U18	3:36.16								
129	103	DENT, LUCILLE	U18	3:36.41								
130	192	STERTZ, EMMA	SR	3:36.42								
131	122	LUDWIG, LUCIENNE	U23	3:36.42								
132	102	ELLIOTT, ALISE	U18	3:36.49								
133	93	PUNDSACK, ALEX	U20	3:36.69								
134	134	GILBERT, KIRA	SR	3:36.80								
135	123	MALEC, EVIE	U18	3:36.98								
136	158	BUSKLEIN, SILJE	U23	3:37.15								
137	78	TOWNLEY, HELEN	U20	3:37.22								
138	108	JOWERS, ALICE	U18	3:37.52								
139	121	TARMY, CAROLINE	U23	3:37.55								
140	213	POLLOCZEK, RUBY	U16	3:37.80								
141	196	JULIEN, ALICIA	U20	3:37.96								
142	170	MCGINNIS-SMITH, SOPHIA	U18	3:37.98								
143	198	KAM-MAGRUDER, AMAELI	U23	3:38.23								
144	168	PETERSON, FRAN	U23	3:38.39								
145	148	LANGE, TILLIE	U18	3:38.49								
146	234	CZESCHIN, RAEGAN	U18	3:38.63								
147	119	PAQUET, EMMANUELLE	U23	3:38.67								



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148	178	DECKER, ADAH	U18	3:38.69								
149	190	PAYSON, MIRRA	U23	3:38.99								
150	68	PARENT, JORDAN	U23	3:39.02								
151	150	HORNING, ROSE	U20	3:39.26								
152	191	BRILLANT, MARIANNE	U20	3:39.34								
153	92	DEVINE, ZOE	U23	3:39.42								
154	177	MCGINNIS-SMITH, MAIA	U18	3:39.58								
155	145	DEZZANI, FINDLEY	U20	3:39.81								
156	153	EZZELL, SAWYER	U20	3:39.86								
157	151	GROHMAN, HANNAH	U20	3:39.89								
158	203	RICH, AVERY	U18	3:40.21								
159	159	MCKINNON, KAI	U18	3:40.22								
160	193	SEMENIUK, KATYA	U23	3:40.23								
161	176	MODY, ELEANOR	U18	3:40.64								
162	171	DERENNE, ASHLEY	U16	3:40.64								
163	194	KITCH, FRANCESCA	U23	3:40.80								
164	138	NIEDECK, LEIGH	U18	3:40.88								
165	282	ZIMPEL, HAILEE	U23	3:40.89								
166	128	HUTCHINSON, NAIDA	U20	3:41.09								
167	124	HOFFMAN, TEGAN	U18	3:41.17								
168	187	GALIK, MADELAINE	U20	3:41.18								
169	146	NALDER, TAYLOR	U18	3:41.21								
170	173	COMEAU, SABINE	U23	3:41.26								
171	242	WEIDENHAMER, RHYS	U18	3:41.70								
172	195	BARSNESS, EMMA	U23	3:41.82								
173	149	RIGHTMIRE, ANN	U23	3:41.86								
174	129	NIGHTINGALE, MARGO	U23	3:41.88								
175	133	SANBORN, ELSA	U20	3:42.05								
176	179	KELTING, SOPHIA	U23	3:42.17								
177	130	THURSTON, JULIA	U20	3:42.32								



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178	84	SCHNEIDER, AVA	U20	3:42.44								
179	132	FRANZEN, LILLIAN	U23	3:42.55								
180	127	HAMMERSTEIN, ELKE	U23	3:42.77								
181	275	KAZIN, ERICA	U20	3:42.79								
182	95	PRICE, JENA	U23	3:43.06								
183	182	VOISIN, MARGARET	U23	3:43.48								
184	212	SANDS, MAREN	U16	3:43.70								
185	285	BELL, LIZA	U23	3:43.83								
186	167	CHIMILESKE, CLAIRE	U20	3:43.92								
187	174	RONZIO PICO, OLIVIA	U18	3:43.95								
188	115	STRECKER, SIERRA	U18	3:44.24								
189	244	HAAG, ISABELLE	U23	3:44.46								
190	204	TRAFTON, FRANCES	U23	3:44.82								
191	227	MILLER, JERSEY	U20	3:45.16								
192	292	KENNEDY, MIKAYLA	U18	3:45.17								
193	226	CARMACK, BAILEY	U23	3:45.29								
194	247	ROTAR, KIERA	U23	3:45.35								
195	201	HENDRICKS, KEELY	U23	3:45.92								
196	286	JACKSON, SUZANNE	U18	3:45.93								
197	207	LOWEN, MADELIN	U18	3:46.14								
198	220	BRITTON, CLAIRE	U18	3:46.30								
199	142	BAIRD, ANNELESE	U20	3:46.33								
200	125	MCGILL, SARA	U20	3:46.36								
201	274	BRUN DEL RE, MIA	U18	3:46.55								
202	214	DICKMAN, GRETA	U20	3:46.61								
203	199	STABILE, KIERA	U20	3:47.05								
204	208	WRIGHT, OLYA	U23	3:47.17								
205	277	HORNING, ADELE	U23	3:47.38								
206	218	BRUTGER, AYDEN	U18	3:47.64								
207	216	HARRIS, GABRIELLE	U18	3:48.04								



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208	209	BULLOCK, ELLA	U20	3:48.06								
209	172	MURPHY, ABIGAIL	U20	3:48.22								
210	230	MEYERS, BERIT	U23	3:48.23								
211	60	KRAKER, LYDIA	U20	3:48.23								
212	169	BRUNER, ZOLA	U18	3:48.40								
213	197	FISHER, KEELY STARR	U20	3:48.45								
214	89	SONNEFELT, LIZZIE	U23	3:48.47								
215	162	KENNEDY, GRACEN	U20	3:48.56								
216	255	WILSON, CHARLOTTE	U20	3:48.81								
217	239	GOOD, PALOMA	U18	3:49.22								
218	186	CONNERS, MAZZY	U20	3:49.27								
219	211	GROSSKLAUS, RILEY	U20	3:49.29								
220	222	HUSSEY, PHOEBE	U23	3:49.47								
221	184	LAIRD, ESTELLA	U20	3:49.59								
222	262	VAN DE KAMP, CATHERINE	U16	3:49.90								
223	284	BARTON, BRENNAN	U20	3:50.17								
224	188	RHODES, ANNA	U20	3:50.32								
225	223	LEGAULT, CLARA	U18	3:50.61								
226	246	FUTCH, ELSA	U20	3:50.69								
227	254	HUDRLIK, EVELYN	U23	3:50.75								
228	189	BENTLEY, SUMMER	U18	3:50.79								
229	70	HINS DILL, CORA	U18	3:51.00								
230	164	WYATT, CLARA	U23	3:51.01								
231	228	BRAUN, FAYE	U18	3:51.26								
232	215	NIZNIK, ELLA	U23	3:52.26								
233	252	LAROCHE, ANIKA	U18	3:53.61								
234	152	GROSSKLAUS, ASHLEY	U23	3:53.71								
235	109	HOOD, NATALIE	U23	3:54.05								
236	259	WILMOT, SYDNEY	U23	3:54.26								
237	165	BOSSE-THOMPSON, INES	U20	3:54.35								



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238	175	STEPHENSON, SOPHIE	U20	3:54.38								
239	221	VILLAFRANCO, NINA	U20	3:55.14								
240	253	WHITE, TANIS	U20	3:55.16								
241	240	HALVORSEN, TOVE	SR	3:55.21								
242	183	FURNEAUX, REESE	U20	3:55.85								
243	248	STROCK, RACHAEL	U18	3:56.06								
244	135	LOEWEN, ADELINE	U18	3:56.31								
245	243	WRIGHT, CASSIDY	U20	3:57.20								
246	245	BROSTERHOUS, DAVIS	U18	3:57.63								
247	206	BENDER, SOPHIA	U20	3:57.75								
248	200	POWELL, STELLA	U20	3:57.92								
249	205	GLACKIN, ISABEL	U23	3:58.32								
250	249	CAMPBELL, EMILY	U20	4:00.00								
251	232	FEIST, FINLEY	U23	4:00.65								
252	258	PERCIVAL, EMILY	U20	4:00.68								
253	157	HOTTLE, SARAH	U20	4:02.06								
254	233	MAY, KIRI	U20	4:02.68								
255	260	MARCHANT, BETH	U20	4:03.81								
256	229	ARCHIE, LUCA	U18	4:04.00								
257	224	JOHNSTON, ANNIKA	U20	4:04.07								
258	237	SUMNER, ZOE	U20	4:04.29								
259	241	ELTON, ISLA	U18	4:04.83								
260	279	POTOCKI, ZARA	U16	4:05.28								
261	155	KJELSTRUP, LENA MARTINE ELVEOS	U23	4:05.76								
262	261	HAMEL, CAMILLE	U18	4:07.27								
263	217	MCCOURT, NORA	U20	4:07.88								
264	225	MYERS, VICTORIA	U20	4:08.27								
265	269	SCHEIDT, MACAYLA	SR	4:08.50								
266	291	BUGG, ISABELLE	U18	4:10.20								



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267	238	DORVAL, JULIANE	U23	4:10.32								
268	250	BELL, KAYLEY	U23	4:11.21								
269	263	LAROCHE, ELENA	U16	4:11.25								
270	267	WILLIAMS, ZOLA	U16	4:11.35								
271	266	ZERATSKY, AVA	U18	4:11.64								
272	265	SIMS, ZOE	U20	4:12.29								
273	219	GUSEVA, ALEKSANDRA	U16	4:19.61								
274	257	NELSON, NIAMH	U20	4:21.31								
275	251	BURT, ALIDA	U18	4:27.43								
276	276	BENDER, BRIE	U18	4:29.24								
277	264	DOUGHTY, ANNEKA	U18	4:32.43								
278	278	POTOCKI, IVY	U16	4:36.31								
279	268	WENSEL, HELEN	U18	4:46.37								
280	271	CULLEN-CROKE, CARMEN	U16	4:47.62								
281	272	ZHANG, AURORA	U16	4:49.95								
282	281	SPINKS, ELOISE	U16	4:50.64								
283	280	SOARES, ANNABEL	SR	5:00.03								
DNS	25	PALMER-LEGER, SYDNEY		DNS								
DNS	283	ANDERSEN, SELMA		DNS								
DNS	288	MCCABE, NOVIE		DNS								
DNS	71	PANNKUK, LILY		DNS								
DNS	231	KREBS, CARLI		DNS								
DNS	256	NEMETH, GRACE		DNS								
DNS	144	KILBURN, GRETA		DNS								
DNS	163	NICHOLAS, NATALIE		DNS								
DNS	236	ARGERPOULOS, MONET		DNS								